

Pet Friendly Houseplants



LOW LIGHT

Parlor Palm—Neanthe Bella
Peperomia
Polka Dot Plant

HIGH LIGHT

Echeveria
Haworthia
Hoya

MEDIUM LIGHT

African Violet
Birdsnest Fern
Boston Fern
Calathea
Goldfish Plant
Lipstick Plant
Orchids—Phalaenopsis
Prayer Plant
Staghorn Fern
Spider Plant
Swedish Ivy
Zebra Plant

Plants listed below are considered to have minimal toxicity.

Although eating or touching these plants is unlikely to cause illness, any plant might cause a reaction in certain sensitive individuals.

African Daisy	Dimorphotheca aurantiaca
African Violet	Saintpaulia ionantha
Aluminum Plant	Pilea spp.
Baby's tears	Soleiria soleirolii
Bamboo, Golden	Phyllostachys aurea
Bird of Paradise	Strelitzia reginae
Bird's Nest Fern	Asplenium nidus
Boston Fern	Nephrolepis exaltata
Camellia	Camellia sinensis
Cast Iron Plant	Aspidistra elatior
Christmas cactus	Schlumbergera bridgesii
Coleus	Coleus hybridus
Corn Plant	Draceana spp.
Donkey's Tail	Sedum morganianum
Dracaena	Dracaena spp.
Echeveria	Echeveria spp.
Figs, Weeping and Fiddleleaf**	Ficus spp.
Goldfish Plant	Columnea spp.
Impatiens	Impatiens wallerana
Jade Plant	Crassula argentea
Japanese Aralia	Fatsia japonica
Kalanchoe	Kalanchoe spp.
Lipstick Plant	Aeschynanthus spp.
Maidenhair Fern	Adiantum spp.
Nerve Plant	Fittonia spp.
Orchids	Cattleya, Epidendrum, Oncidium, Paphiopedilum spp.
Norfolk Island Pine	Araucaria heterophylla
Palms	Most nontoxic except fishtail palm, Caryota spp.
Peperomia	Peperomia spp.
Piggyback Plant **	Tolmiea menziesii
Poinsettia **	Euphorbia pulcherrima
Prayer Plant	Maranta leuconeura
Purple Passion Plant	Gynura aurantiaca
Sensitive Plant	Mimosa pudica
Spider Plant	Chlorophytum comosum
Surinam cherry	Eugenia uniflora
Swedish Ivy	Plectranthus spp.
Wandering Jew **	Tradescantia spp.
Wax Plant	Hoya carmosa
Zebra Plant	Aphelandra squarrosa

**Sap may be irritating.

Remember:

Never eat any unknown plant and teach children the same.

- Keep poisonous houseplants out of reach of children and pets.
- Learn the names and potential toxicity of all houseplants, call poison control if concerned (800) 222-1222
- Any plant may cause a reaction in certain people. If a plant is eaten, remove the rest from the mouth and rinse the mouth with water. Call your doctor or the emergency room immediately if you suspect a problem.

References:

A Guide to House Plant Poisoning, Prevention and Treatment, University of Utah Health Sciences Center, Salt Lake City Utah, 2000.

<http://uuhsc.utah.edu/pated/handouts/handout.cfm?id=2167>

Barkley, Shelley. Poisonous House Plants, Government of Alberta Canada, 2005. [http://www1.agric.gov.ab.ca/\\$department/deptdocs.nsf/all/webdoc1376](http://www1.agric.gov.ab.ca/$department/deptdocs.nsf/all/webdoc1376)